

MENTAL HEALTH INDICATORS

CCAPS 62

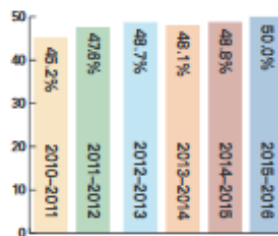
Mental Health Trends

As of this report, CCMH has generated six annual data sets (2010-2011, 2011-2012, 2012-2013, 2013-2014, 2014-2015, 2015-2016) making it possible to examine trends among college students seeking mental health services. To examine trends across key mental health indicators, the following items were simplified to “Yes” or “No,” providing a proxy for the lifetime prevalence of each item. These items may have changed slightly over time; please refer to prior versions of the Standardized Data Set (SDS) for specifics.

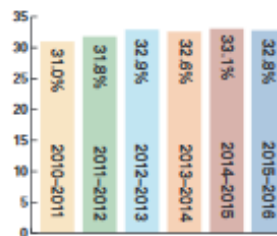
Data sets

Year	# of Institutions	# of Clients
2010-2011	97	82,611
2011-2012	120	97,012
2012-2013	132	95,109
2013-2014	140	101,027
2014-2015	139	100,736
2015-2016	139	150,483

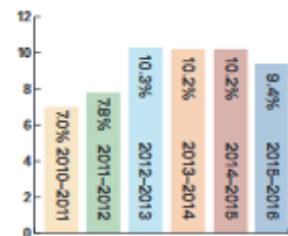
Attended counseling for mental health concerns



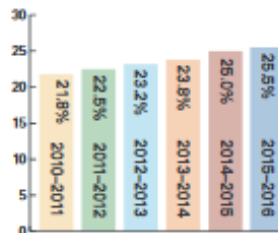
Taken a medication for mental health concerns



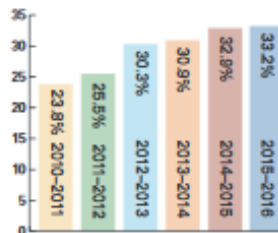
Been hospitalized for mental health concerns



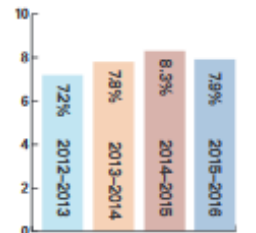
Purposely injured yourself without suicidal intent (e.g., cutting, hitting, burning, hair pulling, etc.)



Seriously considered attempting suicide

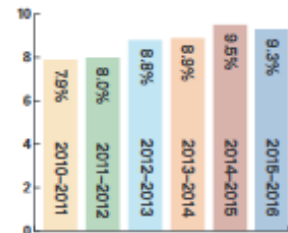


Seriously considered attempting suicide (Last time = within the last month or sooner)

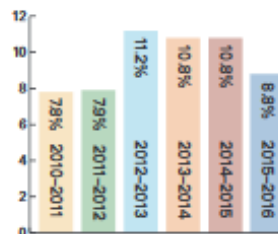


NOTE: New question in 2012

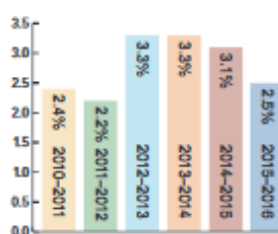
Made a suicide attempt



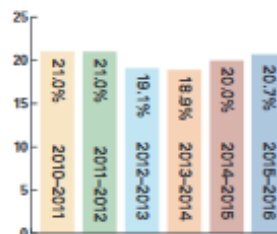
Considered seriously hurting another person



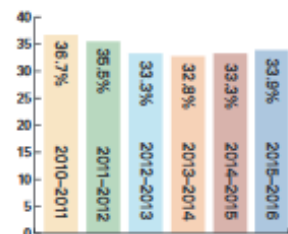
Intentionally caused serious injury to another person



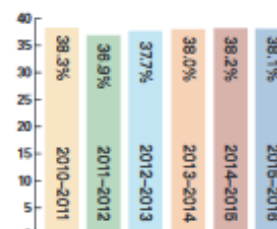
Had unwanted sexual contact(s) or experience(s)



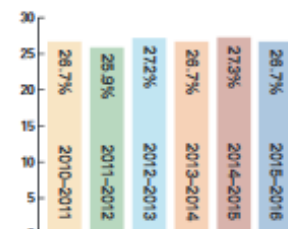
Experienced harassing, controlling, and/or abusive behavior from another person (e.g., friend, family member, partner, authority figure, etc.)



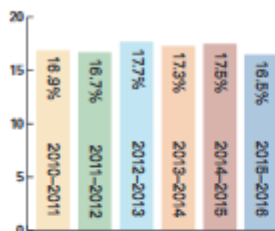
Experienced a traumatic event that caused you to feel intense fear, helplessness, or horror



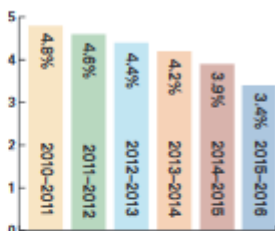
Felt the need to reduce your alcohol or drug use



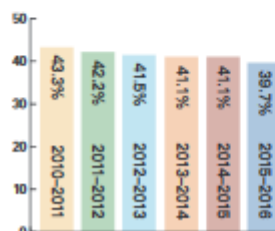
Others have expressed concern about your alcohol or drug use



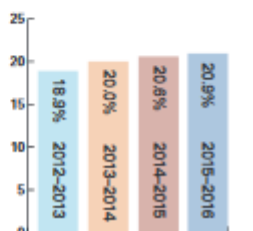
Received treatment for alcohol or drug use



Engaged in binge drinking (within the last 2 weeks)

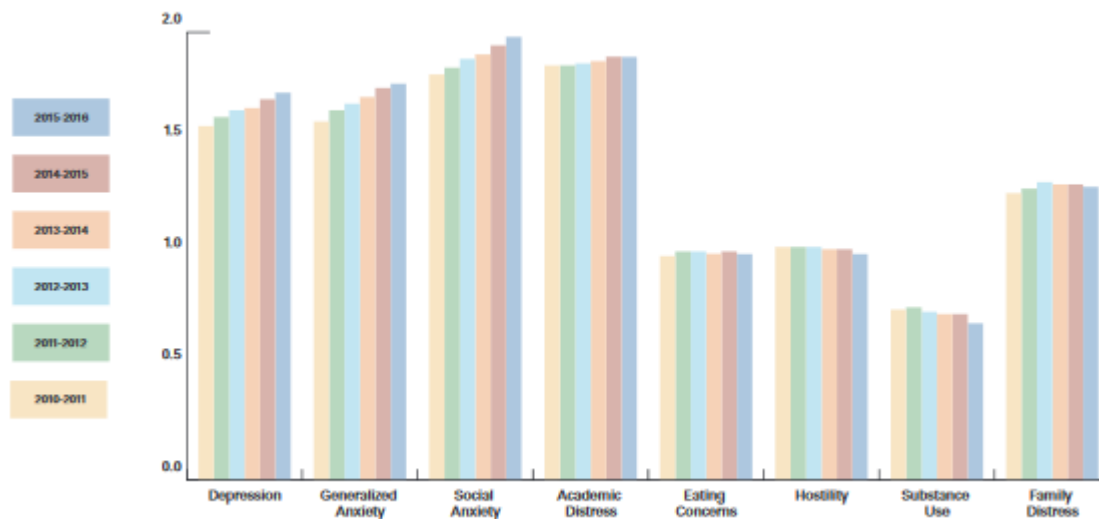


Used marijuana (within the last 2 weeks)



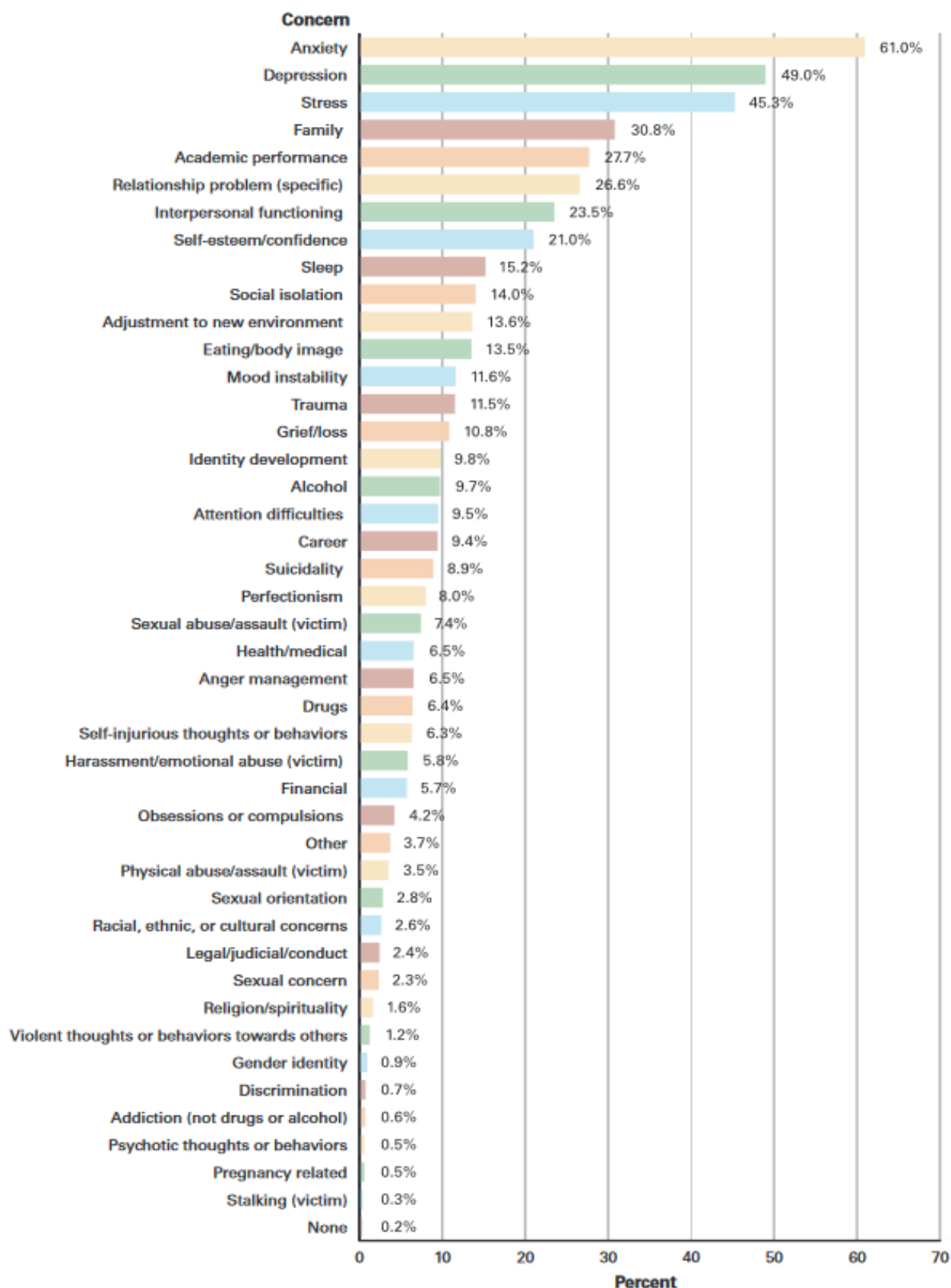
NOTE: New question in 2012

CCAPS-62 Trends: Average Raw Subscale Scores (2010 to 2016)



CLICC – “Check All That Apply”

For each client, clinicians are asked to “check all that apply” from a list of 44 concerns (as one client can have many concurrent concerns). This graph illustrates the frequency of each concern across all clients during the 2015-2016 academic year, regardless of how many concerns a student had or what his or her top concern was (N=51,567).



CLICC – “Top-Most Concern”

Clinicians are then asked to choose one primary concern (i.e., the top concern) per client. This graph illustrates the frequency of each concern as the primary concern for clients during the 2015-2016 academic year (N=51,567).

